

Toshishiro Obata's latest work,
a treatise on samurai philosophy,
comes to print

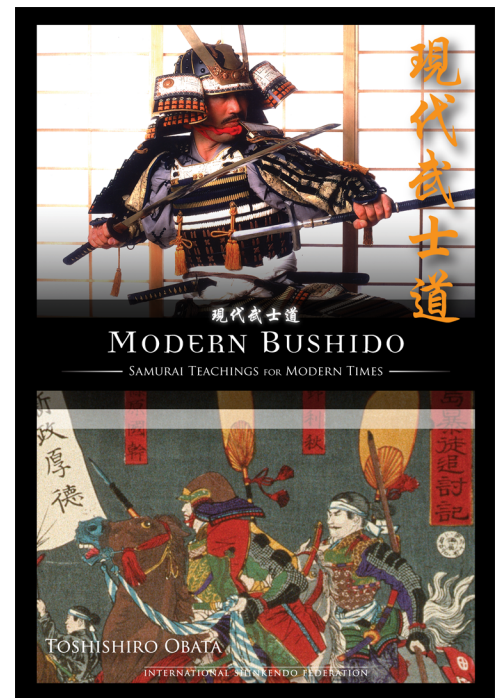
MODERN BUSHIDO

Samurai Teachings for Modern Times

THE International Shinkendo Federation is pleased to announce the release of the newest work by Toshishiro Obata, *Modern Bushido: Samurai Teachings for Modern Times*. Obata's latest work is a treatise on the philosophy by which Japan's famed warrior class, the samurai, lived their lives for the better part of a millennium. Obata reveals the value of these teachings, known collectively as *bushidō*, the "way of the warrior", and explores their enduring significance and relevance in the modern day. Culling the rich fruits of the samurai legacy and transposing them into the mode and context of everyday life, *Modern Bushido* brings these teachings to a general readership and, as a whole, serves as a manual for modern living.

"Through serious study of *budō* or any discipline, we may arrive at not only great truths, but simple ones as well, which are often no less valuable. In training to the depths of our abilities and pushing our limits, we learn how to carry out our will with excellence in even the most trivial of affairs; in studying strategy that can mean the difference between life and death, we may discover, perhaps unexpectedly, a common strategy of everyday living. Even if *budō* can save your life, it is just as important to understand how to live."

Toshishiro Obata is a world-renowned martial artist and the author of a number of books on the Japanese martial arts, including *Naked Blade*, *Crimson Steel*, *Shinkendo Japanese Swordsmanship*, and *Shinkendo Tameshigiri*. He is the recipient of numerous distinctions, including holding the world record in *kabutowari*, traditional helmet-splitting. He is the founder of the Shinkendo style of Japanese swordsmanship, and currently teaches in the Little Tokyo district of Los Angeles and in seminars worldwide.



VOLUME INFORMATION

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Samurai Teachings for Modern Times
by Toshishiro Obata

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